

**From:** Dean of Students <dos@linfield.edu>

**Date:** Saturday, November 14, 2020 at 1:29 PM

**To:** All McMinnville Students <allmacstudents@linfield.edu>

**Subject:** Help minimize your COVID risk

Students,

Even with the great efforts that all of us have been making, cases of COVID-19 in Oregon, and the country, continue to rise. You have done a great job wearing your masks, social distancing and washing your hands. Thank you for your efforts, but know that we are not yet done. The governor issued some new announcements yesterday – limiting social activities throughout the state and issuing a travel advisory throughout the region. With these things in mind, I urge you to continue your healthy habits and make the following changes so that you are able to travel home safely next week. We want you to stay healthy both here on campus and when you get into your home communities.

1. **Avoid group and social activities as much as possible.** To help with this, all non-classroom activities will go virtual over the next week.
2. **Stay home if you are sick or are experiencing any symptoms.** Keep monitoring your health and using #CampusClear. Don't forget the [Student Health, Wellness and Counseling Center](#) is available to you for your COVID and non-COVID needs.
3. **Keep wearing your masks.** You have done a great job wearing your face coverings around campus. Over this next week, consider wearing your mask indoors, as well, as much as possible.
4. **Consider getting tested before traveling if you have high-risk individuals at home.** Students may make an appointment for COVID testing at the Student Health, Wellness and Counseling Center. In addition, [Rite Aid pharmacies](#) throughout the region are offering free molecular testing, with results coming back in 2-7 days. Please also notify the Student Health, Wellness and Counseling Center at [SHLT@linfield.edu](mailto:SHLT@linfield.edu) if you are being tested off campus. Note: specific information and testing guidelines for students traveling to Hawaii or Alaska can be found on the [Linfield COVID pages](#).

[Watch this video](#) featuring Patty Haddeland, director of student health, wellness and counseling, for more information:



We will have more tips surrounding traveling home safely in Monday's Linfield Ahead. If you have additional questions, please reach out to [covid19ert@linfield.edu](mailto:covid19ert@linfield.edu). Thank you for all you are doing. Have a safe and healthy weekend.

Dean of Students

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